Strategy for Children Young People and their Families 2030 Annual Action Plan Highlights 2022/23









## Annual Action Plan Highlights 2022/23

Each year Council reports back on the outcomes of the annual action plan that contributes to the Strategy for Children, Young People and their Families 2030.

The following Council areas have contributed to the outcomes included in this report:

- Community Centres
- Early Years Team
- Library Services
- Maternal and Child Health (MCH) and Immunisation Team
- Social Infrastructure Planning
- Youth Services
- Arts and Culture
- City Places.

Council has delivered annual actions under six domains based on the Australian Research Alliance for Children and Youth's Nest Agenda. The six domains are: Under each domain in the Strategy, are strategic objectives, this report card provides highlights of the Council actions to meet these objectives. For more information on the Strategy please go to:

maribyrnong.vic.gov.au/CYPF2030



Being loved and safe



Learning



Having material basics



**Participating** 



Being healthy



Positive sense of culture and identity



### **YOUTH SERVICES**



### 458 YOUNG PEOPLE AND 111 PARENTS SUPPORTED

### Parent information sessions:

- Two Tuning in Teens sessions. Twenty-five parents in attendance
- Talking the Talk Respectful Relationships, Human Sexuality and Consent Parent Seminar in partnership with Brimbank City Council. Sixty parents in attendance
- Games Aware Teen Gaming Parent Information Night. Twenty-six parents in attendance.

### Youth Services supported:

- Weekly Braybrook Drop in program in partnership with Western Bulldogs Attracted 306 total young people
- Growing Up in Cities research project focusing on Braybrook in partnership with Deakin University held over three sessions with 47 total young people in attendance
- Five Music Creators sessions with 95 young people in attendance
- Four Create with Me events various arts medium workshops. Ten young people participated.

## SUPPORTING OUR FAMILIES



# 3,478 PEOPLE ATTENDED PROGRAMS AT BRAYBROOK COMMUNITY HUB

- School Holiday program
- After school holiday programs
- Multicultural playgroups
- Picnic in the Park
- Family Inclusive Literacy Learning Support program.

## MATERNAL CHILD HEALTH

### 10,024 HEALTH AND WELLBEING CONSULTATIONS



### 42 NEW PARENT GROUPS WITH OVER 400 FAMILIES ATTENDING



"The new parent group was a great experience. It has been wonderful to have the space to ask the MCH Nurse questions and meet other new mums who are going through all the same issues as first time parents. I left the first session feeling so well supported and have looked forward to attending each week."



## MATERIAL AID TO FAMILIES



## OVER \$20,000 WORTH OF MATERIAL AID PROVIDED

- State government Nursery Equipment Program accessed to provide cots and car seats for 28 families totalling \$11,018
- St Kilda Mums provided donations worth approximately \$8,000 including; prams, cots, change tables, bed, clothes and toys specifically for families affected by the Maribyrnong River floods
- Twenty families received hand knitted donated goods.



# IMPROVEMENTS TO EARLY YEARS AND YOUTH FACILITIES



## UPGRADES AND REDEVELOPMENT

- Brenbeal Children's Centre (State Government co-contribution)
- Gowrie Victoria Clare Court
- Norfolk Street Children's Centre, and MCH
- Yarraville Kindergarten
   (State Government co-contribution)
- Cherry Crescent pre-school
- North Maidstone Kindergarten
- Maribyrnong River Children's Centre
- Commenced construction on Maribyrnong Community Centre redevelopment to create two new 33 licensed rooms for three and four-year-old kindergarten
- Phoenix Youth Centre Ground floor building upgrades completed January 2023.

## PHOENIX YOUTH CENTRE RE-ACTIVATION



## 2,715 YOUNG PEOPLE ATTENDED THE CENTRE

- Sixty-three external groups/organisations
- Provided a venue for VCE exams
- Provided a venue for 22 Parkville College students.



### **HEALTHY EATING**



## NUTRITION EDUCATION AND SUPPORT

- MCH partnered with cohealth dietitian to offer INFANT Nutrition program via ZOOM throughout the year:
  - 14 x 6 month sessions with 152 families attending
  - 5 x 9 month sessions with 29 families
  - 5 x 12 month sessions with 25 families
- Four culturally specific sessions on nutrition and healthy eating, supporting community languages were Vietnamese, Chinese, Hindi, Teluga, Indonesian and Swahili
- Braybrook Community Centre in partnership with Western Bulldogs delivered 40 cooking sessions and two kids cooking activities
- Weekly breast feeding open session commenced at Braybrook MCH and continued by appointment at Norfolk Street MCH seeing seven families each week.

### **STAYING ACTIVE**



## MAJOR PROJECTS AND EVENTS

- The Early Years Team delivered the Passport to Play (P2P) project to encourage children to actively explore and enjoy their local places and spaces:
  - Produced a play resource booklet and webpage designed by and for children
  - Over children 400 consulted as part of the design process, with nearly 1,400 visits in five months on the P2P website
  - Passport to Play resource distributed to local schools and Council facilities
- 759 young people attended Youth Services Big Bang sports program throughout the year. Big Bang relaunch event held in June 2023 attracted 80 young people
- Major public art sculpture, Architecture of the Sole was commissioned and installed at the Henry Turner South Pavilion providing an interactive space for all ages.





### **EARLY YEARS**

# PLAYGROUPS SUPPORTING OVER 300 CHILDREN AND FAMILIES

- Thirty-six Come and Try playgroups. 180 children and 110 parents attending over the year
- Twelve families referred to Maribyrnong Supported Playgroups (MSP)
- Eight participants supported to transition to an existing community playgroup
- Three participants supported to start a new community playgroup
- · Twelve different cultural groups engaged
- Four families referred to external agencies
- Eleven agencies visited the playgroup over 12 months
- Ten new playgroups established with Council support
- Braybrook Community Hub provided Multicultural playgroup.

### 300 ATTENDEES AT 13 CHILDREN'S WEEK EVENTS

 Children's Week activities included: Junior Ranger sessions, Loose Parts play events, bilingual story times and pop up playgroups. The Lego Club, Preschool STEAM Sessions and dancing at Braybrook Hub.

### **YOUTH SERVICES**

## 596 YOUNG PEOPLE SUPPORTED

- Managed TAC L2P learner driver program, with 30 young people participating in the program supported by 14 volunteer mentors
- Seven STEAM program days held at Phoenix Youth Centre with 516 young people in attendance
- Youth Services staff and Maribyrnong Moonee Valley Local Learning and Employment Network (MMVLLEN) delivered three work ready skill development, and connection to employment pathways support with 50 participants.

## MATERNAL CHILD HEALTH

**Parent** 



## 127 SESSIONS AND PROGRAMS

Six Baby Makes 3 programs held.

"I cannot express how valuable we found this course. No one teaches you how to do this whole 'parenting thing' and this course provided the perfect platform to start having conversations as a family. The content and delivery was spot on ....I left each session buzzing and feeling like I wasn't alone in this journey."

> "I'm not alone and am not the only one going through the challenges of baby and their sleep patterns." Parent

 Eighty-eight sleep and settling information sessions held with 33 online sessions made available to other municipalities. 232 families attending.

### **LIBRARIES**

### ONGOING ENGAGEMENT



- Toddlertime early literacy program specifically for one-three year olds added to program offering at Footscray, Yarraville, West Footscray and Braybrook branches
- STEAM Club and Lego Robotics after school programs
- Increased budget for loanable STEAM kits and now available at two branches and online
- Ran Preschool Science four-week course for children ages three-five and their parent/carer.



# YOUTH SERVICES FACILITATED COLLABORATIONS



# SUPPORTED NETWORKS WITH KEY ORGANISATIONS, SCHOOLS AND NGOs

- Four Maribyrnong Workers with Young People Network (MWWYPN) meetings held (online and in person) with 95 workers in attendance, representing 61 organisations
- Six editions of MWWYPN E-News created and distributed to 320 subscribers
- Five Q West meetings held with 55 people in attendance
- Four Maribyrnong Secondary School Mental Health Consultations held with 27 people in attendance
- VicSRC (Student Representative Council)
  meeting held with WELS, Braybrook
  College and Footscray High School
  represented with 35 young people in
  attendance.

# MARIBYRNONG YOUTH ADVISORY COMMITTEE (MYAC) 22 MEETINGS AND 109 ATTENDEES

- Findings from the 2022 Maribyrnong
   Climate Change Youth Forum released and printed
- MYAC presented 2022 Maribyrnong Climate Change Youth Forum findings to:
  - Maribyrnong Councillors and Mayor
  - the Western Region Forum
  - Footscray High School students.

## EARLY YEARS FACILITATED



# 30 COLLABORATIVE MEETINGS AND NETWORK EVENTS

 Held with early years service providers and community organisations.





## YOUTH SERVICES FACILITATED



### EVENTS, PERFORMANCES AND MEETINGS ENGAGING OVER 3,000 YOUNG PEOPLE

- Freeza program including nine live acoustic performances at local secondary schools. 712 students attended
- Held seven Friday Night Livestream performances attended by 560 online viewers
- 353 young people attended 11 acoustic performances events
- 1,300 students celebrated Wear it Purple Day at three Footscray High campuses
- 16 teachers recognised pride month by attending event focusing on mental health, and LGBTIQA+ student safety
- 95 young people celebrated Eid at two events at Phoenix Youth Centre
- Youth services held eight meetings with LGBTQIA+ student groups at Footscray High and Braybrook College 97 young people in attendance.

### **EARLY YEARS**



## 22 BILINGUAL STORY TIME SESSIONS

 Arabic, Burmese, Chinese, Hindi and Vietnamese sessions at West Footscray and Braybrook libraries.

## ARTS AND CULTURE SUPPORTED



- Streetworks mentoring program created a new mural at Footscray High School Pilgrim Campus. Twenty young people participated in workshops and delivery of artwork alongside established artist
- Artworks by 117 children and young people from Maribyrnong primary and secondary schools exhibited in the Footscray Art Prize.
   Over 400 people attend opening night
- Fifteen young artists from L2R Dance curated and performed Amplify: Bridge at Bluestone Church Arts Space with 80 attendees
- Artsbox artist-in-residence conducted workshops with families, including Cantonesespeaking families at Footscray Library with 30 attendees
- Textile and drawing workshops with community and families at Braybrook Community Hub
- New performance developed for children (Artplay)
- NAIDOC performance by Songlines at the Bluestone Church Arts Space.

"It's good for my child to hear another language, especially in Melbourne as it's a multicultural place. She will know there are other people who speak other languages and respect them and she might get interested in learning another language."

Parent

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